

## TRACK 1 :60

*A full country music band starts playing. The song builds for a second or two to where the singer should start.*

**Male Singer:** Here's a song that means a lot to me. I hope you enjoy it. Well I remember...

*The singer takes a breath to start singing, then is overcome with coughing. The music continues.*

**Male Singer:** (After a few seconds of coughing, he talks over the music.) Sorry about that. (cough, cough) Let me catch my breath for a second...

*Background singers come in as if everything is fine. Ooh oooh oooh oooh ooooooooooh.*

**Male Singer:** (cough) Whoa, hold on there....

**Announcer:** If you have a chronic cough, wheezing, emphysema or other trouble breathing, you might actually have something more. COPD. It's the number 4 cause of death in America. Few people have heard of it, including those who actually have it.

**Male Singer:** (Wheezes out the words.) Take it away, Jim....

*Fiddle solo starts.*

**Announcer:** COPD can be treated. A simple breathing test can help you find out if you have it. So talk to your doctor about COPD. Get the test. Start getting the right treatment.

*Song ends.*

**Male Singer:** Thank you... (cough cough) ...very much.

**Announcer:** Learn more. Breathe better. Go to [www.LearnAboutCOPD.org](http://www.LearnAboutCOPD.org)  
A message from the National Heart, Lung, and Blood Institute of the U.S. Department of Health and Human Services.

## TRACK 5 :30

*A country band starts playing.*

**Male Singer:** Here's a song that means a lot to me. (starts singing) Well I remember...

*The singer starts to sing, but starts coughing instead. The music continues.*

**Announcer:** If you have a chronic cough, wheezing, emphysema or other trouble breathing, you might have COPD. It's the number 4 cause of death, but it *can* be treated. So talk to your doctor about COPD and get a simple breathing test.

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## TRACK 2 :60

*The dramatic sound of a stock car.*

**Announcer:** What's one of the most important elements of a high-performance stock car engine?

*Engine revs higher.*

**Announcer:** Air. Flowing through the system. Mixing with fuel. Combusting. Bringing the speed and thrills of stock car racing to life. Block the exhaust? The flow of air? You've got a problem on your hands.

*Engine starts to shut down.*

If you have emphysema, wheezing, chronic bronchitis or smoker's cough, then you know what it's like when the air can't get through. What you probably don't know is that it could be COPD, the number 4 cause of death in America.

But COPD can be treated. So talk to your doctor about COPD and get a simple breathing test. Then get on track for treatment.

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## TRACK 6 :30

*The dramatic sound of a stock car.*

**Announcer:** Block the flow of air in a stock car engine, and you've got trouble on your hands.

*Engine starts to shut down.*

If you have emphysema, wheezing, chronic bronchitis or smoker's cough, you know the feeling. What you don't know is it could be COPD, the number 4 cause of death. But it can be treated. So talk to your doctor about COPD and get a simple breathing test.

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U.S. Department of Health and Human Services  
National Institutes of Health



## TRACK 3 :60

*Music up and under.***Woman:** I'm 54 years old. Mother of three.

For years I've experienced shortness of breath. It was holding me back, making it hard to do some of the things that were important to me and my kids.

Then I heard about something called COPD. It's a serious lung disease that, as time goes by, makes it hard to breathe. And COPD is the fourth leading cause of death.

That got my attention.

So I talked to my doctor and took the simple breathing test. I found out I have it. I have COPD. But now that I know, I am taking steps to make my breathing easier again. And I'm getting back to doing more things with my family. Doing things I want to do.

**Male Announcer:** If you have shortness of breath, talk to your doctor about COPD, and get a simple breathing test.

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## TRACK 7 :30

*Music up and under.***Woman:** I had shortness of breath, and trouble doing the things that were important to my family. I found out I have COPD. Now I'm getting treatment, and getting back to what's important.**Male Announcer:** If you have shortness of breath, you could have COPD. It's the number 4 cause of death, but it can be treated. Talk to your doctor about COPD and get a simple breathing test.

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## TRACK 4 :60

*Coughing, Wheezing***Announcer:** You're listening to the fourth leading cause of death. And it's probably not what you think.*More Coughing, Wheezing***Announcer:** It's COPD. A serious lung disease that, over time, makes it hard to breathe and do the things that are important in your life.*Coughing, Wheezing, Gasping For Breath***Announcer:** Sound like you?

Shortness of breath isn't normal at any age. So talk with your doctor about COPD.

If you experience shortness of breath or other symptoms, get a simple breathing test. Once you know about COPD, you can take steps to treat it and live a more active life.

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## TRACK 8 :30

*A cough and a wheeze***Announcer:** You're listening to the fourth leading cause of death. And it's not what you think.*Cough***Announcer:** It's COPD, a serious lung disease that can be treated.*Cough, gasp for breath***Announcer:** If it sounds like you, talk to your doctor about COPD and get a simple breathing test.

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